

WANTED

THE MISSING 5 MILLION

Living with **high blood pressure** - and don't even know it.



They look like you.

They feel fine.

But they're at serious risk of stroke,
heart failure, and kidney disease.

**You can only find it if you check it.
Don't wait. Don't risk it.**

Know Your Numbers! Week 8-14 September 2025

Get your blood pressure checked today



#KnowYourNumbers bloodpressureuk.org

Blood Pressure UK is an operating name of the Blood Pressure Association. • Charity Registration No. 1058944

**Blood Pressure
UK**

Helping you to lower your
blood pressure