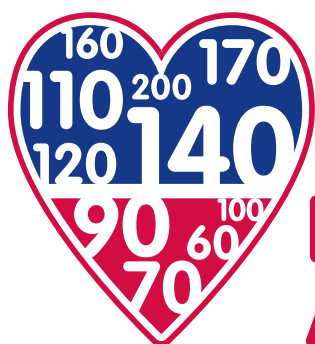


Take control!

People of African Caribbean descent are more likely to develop high blood pressure, which can lead to strokes and heart attacks

Get your blood
pressure checked
TODAY!



**Blood Pressure
Association**

the blood pressure charity

**For more about high blood pressure,
and how you can lower it,
please visit our website:**

www.bpassoc.org.uk

or call: 0845 241 0989

(Open 11am-3pm, Mon-Fri)