

Gift Membership of the Blood Pressure Association

How it Works

Gift Membership costs just £20.00 a year and is perfect for birthdays, Christmas or just to help a relative or friend. You choose the start date and all gift recipients get sent a new member 'Welcome Pack'. This 'Welcome Pack' can be sent direct from the BPA or we can send it to you to give to them personally.

BPA Gift Membership is a practical gift that will help the recipient to reduce and manage their own blood pressure, and in a recent survey over 90% of our members said that membership helped them to reduce and manage their own blood pressure.

What They Get...

- A Gift Member 'Welcome Pack' containing information on accessing the helpline, the latest issue of *Positive Pressure*, a copy of *The A-Z of blood pressure* and a packaged set of BPA leaflets giving them everything they need to know about high blood pressure and how to manage it.
- On-going access to our telephone helpline where, for the price of a local telephone call, our qualified nurse offers a sympathetic ear and practical advice on all aspects of the condition.
- *Positive Pressure* is our popular membership magazine and is packed with news, lively features and competitions. As a new member they will receive one issue immediately in their 'Welcome Pack', and two further issues over the coming year.
- A bi-monthly email newsletter, *ePositive Pressure*, which brings members topical news and information.

How We Help...

Telephone Helpline

Our qualified nurse offers friendly advice on all aspects of high blood pressure and how to live with it.

Positive Pressure

Our easy to read magazine keeps members up to date on all matters blood pressure and how they affect sufferers.

ePositive Pressure

Bi-monthly email newsletters give members topical news and information.



Information

Our range of leaflets and booklets cover everything members need to know about high blood pressure. All are FREE to members!



A-Z of Blood Pressure

Down-to-earth and comprehensive, our guide to blood pressure covers everything that sufferers need to know.

To buy Gift Membership of the Blood Pressure Association now...

Telephone: (020) 8772 4994,
or visit: www.bpassoc.org.uk

Gift membership costs £20.00 a year and can be ordered online at: www.bpassoc.org.uk, by telephone on: **(020) 8772 4994**, or by completing the order form below and returning it to: **BPA, FREEPOST LON17815, London, SW17 0QS**. *No stamp is needed in the UK.*

Gift Recipient Details

Title: _____ First Name: _____

Surname: _____

Address: _____

Email Address: _____

Welcome Pack

Please send the 'welcome pack' directly to the recipient.
The BPA will mention your name in the introductory letter.

Please send the 'welcome pack' to me

I would like the membership to start:

Please allow twenty eight days from today's date.

Your Details

I am a BPA Member

Title: _____ First Name: _____

Surname: _____

Address: _____

1. Cheque or Postal Order

I enclose a cheque or postal order. Please make cheques payable to the 'Blood Pressure Association'. Gift Membership costs £20.00 a year.

2. Credit or Debit Card

Please debit my Visa/Mastercard/Maestro card. Gift Membership costs £20.00 a year.

Cardnumber:

Issue Number:

CSV Code (last three digits on the back of the card):

Start Date: - Expiry Date: -

3. Online Banking

You can pay for your BPA membership using your own online bank account. Please complete your personal details on this form (and return it to the BPA) and direct payment to account number: 01152878, sort code: 30 96 07. Please quote your name and 'BPA Gift Membership' as a reference.

I have made payment to the BPA using my own online bank account.

4. Standing Order

Standing Order payments are automatic so that membership never expires.

To (bank name): _____

Bank address: _____

Sort Code: --

Account Name: _____

Account No: _____

I would like to pay for a BPA 'Gift Membership' of £20.00 and a donation starting and continuing annually until I notify you otherwise to the Blood Pressure Association. Lloyds Banking Group, 12 Mitchum Road, London SW17 9ND. Account number: 1152878, Sort Code: 30-96-07.

Signed: _____

Date: _____

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Gift Aid. Are you a UK taxpayer?

Use Gift Aid and you can make your membership worth more (at no extra cost to you) as the BPA can reclaim the income tax paid from HMRC. Just tick the box below.

Yes, I am a UK taxpayer and I would like all membership fees and donations I have made to the BPA in the last 6 years, and will make in future, to be treated as Gift Aid declarations.

You must pay an amount of Income Tax and/or Capital Gains Tax for each tax year that is at least equal to the amount of tax that we will claim in that year.



Blood Pressure Association

the blood pressure charity

Do You Know Someone With High Blood Pressure?



Help them Manage it - Give them a BPA Gift Membership