

# FACE

Has their face fallen on one side?  
Can they smile?

# ARMS

Can they raise both arms and keep them there?

# SPEECH

Is their speech slurred?

# TIME

To call 999 if you see any single one of these signs



[nhs.uk/actfast](https://nhs.uk/actfast) • [stroke.org.uk](https://stroke.org.uk)

## WHEN STROKE STRIKES, Act F.A.S.T.



Blood Pressure  
UK

Act  
F.A.S.T.

help us  
help you