

Blood Pressure UK

Professional Resource Order Form



Blood Pressure UK
Helping you to lower your blood pressure

How to Order

Order online at: www.bloodpressureuk.org, by telephone: (020) 7882 6255, or by fax: (020) 7882 6270.

Alternatively, please complete the order form below and return it to: BPUK, FREEPOST Plus RTCS-AATG-ACSU, Wolfson Institute, Charterhouse Square, London, EC1M 6BQ. All prices include VAT and P&P.

Item	Price	QTY	Total
'Know Your Numbers' Pack - 400 People A comprehensive resource pack for blood pressure testing events. Available all year round. Includes: information leaflets, record cards, testing guidelines, posters and balloons.	£78.00		
'Know Your Numbers' Pack - 200 People A comprehensive resource pack for blood pressure testing events. Available all year round. Includes: information leaflets, record cards, testing guidelines, posters and balloons.	£48.00		
'Know Your Numbers' Pack - 100 People A comprehensive resource pack for blood pressure testing events. Available all year round. Includes: information leaflets, record cards, testing guidelines, posters and balloons.	£30.00		
'Know Your Numbers' Pack - 50 People A comprehensive resource pack for blood pressure testing events. Available all year round. Includes: information leaflets, record cards, testing guidelines, posters and balloons.	£18.00		
General Information Leaflet - DL Size Provides a quick overview of high blood pressure and its importance, together with the key lifestyle changes that people can make.	Up to 20 Leaflets Free £8.00 per pack of 100		
Top Tips for a Healthier Blood Pressure' - A3 Size Poster For waiting rooms and health awareness stands to raise awareness of blood pressure and highlighting key lifestyle changes to lower it.	Up to 4 Posters Free £1.00 per Poster 5+		
'Take Control: Get Checked Today' - A3 Size Poster Promotes blood pressure awareness to Afro-Caribbean communities.	Up to 4 Posters Free £1.00 per Poster 5+		
High Blood Pressure: Your Questions Answered - A4 Pad 50 tear off sheets that answer the top ten questions that people who have been diagnosed with high blood pressure ask.	£2.00 each		
Healthy Eating the African Caribbean Way - A5 Booklet Gives practical information on high blood pressure, highlighting which African Caribbean dishes are high in salt and offers healthy heart alternatives.	60p each		
Love Your Heart (A South Asian Guide to Controlling your BP) - A5 Booklet Looks at heart health and blood pressure from a South Asian perspective and covers key concerns and issues.	60p each		
Introducing High Blood Pressure - A5 Booklet Gives basic information about blood pressure and living with high blood pressure. Outlines the key lifestyle and medical approaches.	60p each		
Healthy Eating and Blood Pressure - A5 Booklet Advice for eating and drinking to lower blood pressure. Includes salt reduction, alcohol limits and eating five portions of fruit and vegetables.	60p each		

Item	Price	QTY	Total
Healthy Lifestyle and Blood Pressure - A5 Booklet Guide to the physical aspects of controlling blood pressure, from increasing daily activity to keeping a healthy weight.	60p each		
Getting the Most from Blood Pressure Medicines - A5 Booklet Answers common questions about blood pressure medicines. It reassures and reinforces key messages about compliance.	60p each		
Measuring your Blood Pressure at Home - A5 Booklet Clear guide to measuring blood pressure at home. Covers everything from buying an accurate monitor, correct use and when to measure.	60p each		
Introducing High Blood Pressure - DVD The definitive DVD guide to high blood pressure. Experts use state-of-the-art graphics to show how high blood pressure works, the best treatments available to lower it and what can be done can to lower it. Also includes personal stories of people with high blood pressure which give frank and practical advice.	£10.99		
Fast Facts: Hypertension. Pamphlet This book is a practical evidence-based approach to the diagnosis and management of high blood pressure. Although designed for health professionals, it is also accessible to well informed patients. Revised and updated fourth edition. The book provides a thorough overview of hypertension covering measurement, consideration of modifiable risk factors, non-pharmacological measures, and up-to-date trial results on all the pharmacological options. There is also special considerations for the treatment of children, pregnant women, the elderly and patients with diabetes <i>'I enjoyed reading this book...it is concise, clearly written and well set out. A thought provoking refresher on hypertension which I thoroughly recommend, '</i> Trends in Cardiology and Vascular Disease	£13.00		

All prices include VAT and P&P

Total £

1. Invoice <input type="checkbox"/> Please send me an invoice.	2. Cheque or Postal Order <input type="checkbox"/> I enclose a cheque or postal order. <input type="checkbox"/> Please make cheques payable to 'Blood Pressure UK'.
3. Credit or Debit Card <input type="checkbox"/> Please debit my visa/mastercard/maestro card.	
Card Number: <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	Issue Number: <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
Security Code (last three digits on the back of the card): <input type="text"/> <input type="text"/> <input type="text"/>	Start Date: <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
Expiry Date: <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	

Name: _____

Address: _____

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