

SHARE THE PRESSURE

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PRESSURE

About

Retake



**Take control of your
blood pressure
and stay years younger**

Find out how your blood pressure is affecting you and what you can do about it.

2 Minute Assessment

youngerLIVES.



People of African & Caribbean descent are more likely to have high blood pressure

Scan the QR code to find out what you can do to take control of blood pressure and get information about support in your area.



sharethepressure.com